#### COME CELEBRATE WITH US

**K.I.H.A** is **70** this year and to mark the occasion we are holding a celebration after the A.G.M on **Saturday 21**st **October 2017**.

All students and full members past and present are invited to attend.

Bring yourselves, any photos and your stories of the past 70 years of K.I.H.A so we can compile a booklet of our history as told by you our valued members.

Please let us know whether or not you will be attending by 1st September, so we can organise the catering for the day.

You can do this by: Email: kihainfo@talktalk.net

Phone: 01843-570190

Post: 7, Auckland Ave, Ramsgate, Kent CT12 6HY

# **Obituary**

This year we have been notified of the passing of 3 of our members.

Anthony Reed from Ashford had been a member of KIHA since 1994, his Daughter Linda is also a member and I am sure you will all join with us in sending her and the rest of his family our thoughts at this time.

Alec Gabbitas from Broadstairs, a well known figure in Thanet and wider afield for his online presence in all maters spiritual and a regular at the Star of the East Church, Broadstairs. Alec had been a member of the association since 1987.

**Stephen Clack from Birchington** had been a member since 1983. In his 34 years with us he had trained as a Tutor, was a regular workshop and A.G.M attendant, culminating in him being an association trustee, he will be sadly missed by us all.

#### **ANNUAL GENERAL MEETING**

# 21st October 2017 at 11-00am Chat Room to follow

All members and students are invited to attend

THE ANGEL CONFERENCE CENTRE: ANGEL LANE, TONBRIDGE, KENT. TN9 1SF

K.I.H.A. is run by the members for the members. Please attend and voice your thoughts on how to take your association forward, maintaining its place at the forefront of healing. (3 CPPD points)

#### DISCLAIMER

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### THE CHO ACQUIRES THE BRCP:

#### A BOOST TO ASPIRING COMPLEMENTARY PRACTITIONERS

The Confederation of Healing Organisations - known for its 'spiritual heart'
 to administer, grow & support the British Register of Complementary
 Practitioners

Britain's foremost charity advancing the practice of Healing, has acquired the British Register of Complementary Practitioners (BRCP) – one of the UK's longest running multi-disciplinary registers of CAM (complementary and alternative medicine) practitioners.

The Confederation of Healing Organisations (CHO) the national charity advancing the practice, understanding and benefits of Healing across the UK - through latest research, live events and education - has taken ownership of the BRCP from the ICNM (Institute of Complementary & Natural Medicine), which is to close. This acquisition will enable aspiring complementary therapists to train from student level to senior practitioners at BRCP accredited colleges – fully supported along their career paths.

One of the benefits the CHO will bring to BRCP members is the experience gained from its significant progress in raising the profile of Healing, through a robust public relations campaign. This continually raises the debate on Healing and related therapies in the national, regional, local, online and broadcast media. Furthermore, the CHO has embarked on live shows such as the Mind Body Spirit & Wellbeing Festivals in addition to active engagement on social media.

The CHO will extend its dedicated marketing to the BRCP, promoting members, including them in high profile events and bringing case studies of success to the fore.

Sue Knight, chief executive of the CHO, commented: "The greatest significance of this acquisition is that both the CHO and the BRCP are renowned for their authority, track record and credibility. Bringing them closer will build on trust honed among the general public and widespread practitioners. We're also excited about the unique synergy this acquisition will bring. While both organisations are seen as the hallmark of best practice, the CHO brings its 'spiritual heart' – both are essential components in the delivery of patient care.

"Healing and other complementary therapies go hand in hand when it comes to educating the public how they support and enhance medical treatment. We look forward to leading the debate, improving standards and furthering education for what brings immense benefits to society."

During acquisition negotiations it was uncovered that Michael Endacott was involved in the founding of both organisations. Endacott played an integral part in initiatives to develop a centralised approach to multi-discipline regulation and registration of complementary medical practitioners.

Endacott was celebrated among the healing community for his unstinting optimism to unite natural healers, complementary medical practitioners and alternative therapists, to develop an educational system that would promote good quality practice.

All BRCP members will retain existing member benefits in addition to those offered by the CHO, including parliamentary representation through the CHO's membership of the All Party Parliamentary Group for Integrated Healthcare.

The Confederation of Healing Organisations (CHO) is the leading charity advancing the practice of Healing: promoting its benefits as a recognised complementary therapy by providing education, research and information to a wider audience of Healing and healthcare practitioners, and society as a whole. The CHO's website is an information hub of news, case studies and insights about Healing within the UK and internationally. The acquisition coincides with the recent release of groundbreaking scientific research from the University of Northampton, which has ruled out the 'placebo effect' as a reason for Healing's effectiveness. The peer-reviewed research, which was commissioned by the CHO, tested healing on animals, plants and human beings, with a positive result recorded in each instance.

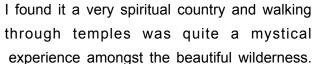
### KENT INTERNATIONAL HEALING ASSOCIATION

### My visit to Japan - Jamie Hinton

Just before Easter I considered myself lucky enough to visit Japan for the first time. I based myself in Tokyo but visited a friend studying in Yamagata in the north and did some sightseeing in Kyoto to the west. I travelled by train using a Japan Rail pass which is incredibly good value and I notched up 3,600 km over 14 days.



I really loved my time in Japan and some of the walking in bamboo forests and climbing through hills encountering remote shrines was a beautiful experience. There is a concept called 'Shinrin-yoku' which is spending time around trees, and it is thought to be very beneficial to health and well being.



It was a most wonderful and enchanting atmosphere.



March 30th I participated in a Night Yoga session hosted by Rie Imataka in Tokyo. It was nice to meet people and the end of the session was very nice, although I found the routine a bit exhausting.

April 10th I made my way to Chiba City in the south of Tokyo and met Miyuki Sahara (pictured below on the left) at her healing salon. Firstly we did one of the Chi Gong techniques called Chi Do to allow Chi flow from the root chakra. Then we did a meditation which is called the MAX Meditation System TM which brings and charges the energy of the universe. We finished the session by giving each other healing which was a harmonious and rewarding experience.





The next day I went to Sendagaya and met Maiko and Miho Usuda and their dog (pictured right) at the Tokyo Spiritual Growth & Meditation Meetup near Harajuku. They were running a workshop to promote the Adept programme. It is based on living life according to a soul plan. I learnt a method of



protection to bring light and did some Chi Do exercises again.



If you have any healing experiences you would like to share with us, please send to: email: <a href="mailto:kihainfo@talktalk.net">kihainfo@talktalk.net</a> or post to 7 Auckland Avenue Ramsgate, Kent CT12 6HY

It was a great time to visit Japan as it coincided with the cherry blossom season which is very special for the Japanese people. It is said that the blossom is like human life beautiful and yet tragically short. I found it such a calming atmosphere and tranquil as everywhere was so clean and the people kind and helpful. Everywhere people were having picnics under the cherry blossom.





# Would you like to join The Executive Council

Would you like to take Healing forward?

Have you ever wondered what goes on at a committee meeting?

Have you ever wanted to have your say?

Why not put yourself forward to join the committee. We are looking for forward thinking, enthusiastic members to help take KIHA into the future.

With the pressures on the NHS, more and more people may well be turning to complementary therapy and we need to be there, not that we as an Association haven't been since our beginnings in 1947, but we need to let the general public become more aware of us as therapists and what energy healing can offer them in today's fast paced World.

Come and help us do this amongst other things. Where would you like to see us going? What would you as a member like to see provided?

If you are interested in this exciting opportunity please contact:

The President

You can do this by: **Email:** kihainfo@talktalk.net

Phone: 01843-570190

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If you would like more copies of this Newsletter please contact Sharon 01843 570190