

Healing Showcase Tour Scotland

This CHO autumn tour will include:

Aberdeen, Edinburgh, Glasgow and Perth

The Healing Showcase will be presented by CHO Trustee Douglas Ballard in theatres around Scotland with an expected audience of 300 to 400 members of the general public.

Douglas will start by explaining about healing and what it can do, encouraging audience participation.

Explaining that healing can play a part in helping many of us to achieve a better quality of life, and by demonstrating the power of healing. Douglas hopes to meet the main objective which is to get people interested in searching out their local healers.

The importance of healing as a complementary therapy will be focused upon and the quality of healer training and how we are striving to maintained that quality.

These shows will be followed by weekend workshops introducing healing and offering full training into the future.

CHO is working tirelessly to promote the practice of Healing, providing information to the public, the media, healthcare professionals and other complementary therapists.

Scotland will be the forerunner for many more shows around the country giving the general public the opportunity not only to see how healing works but also to become a Healing Practitioners themselves.

Website: www.the-cho.org.uk



The Confederation of
Healing Organisations
Charity Registration No. 1119533

I gave healing to a young woman who is academically brilliant, she got a First at Cambridge and works in Embassies abroad. She is however totally lacking in self confidence and is easily intimidated by the smart people with the big pushy voices and attitudes. The following is a letter I have just received from her:

Comments received after healing:

I've really noticed a significant change since I saw you... I can't quite describe it other than to say that many more ideas are pouring out of me at work where there was hesitancy before...and I am finding a voice that feels right. I had to attend a large meeting recently and to my surprise I, quite naturally, and without thinking, took a place at the conference table, the meeting was with senior attendees. When I was seated I noticed that my team co-workers were modestly standing at the back. My boss told them to stop being silly and to get a chair. It was at that point that I realised that I, most unusually, felt quite comfortable and part of the whole picture – there is no doubt that this has not happened before. It has to be the healing, so thank you so much. I am now trying to increase these feelings of confidence and hope they will flow into other parts of my life too.

(one of our members)

I signed up to go on a three day silent retreat with Tuaca Kelly, a master healer and medical intuitive, with whom I have had many fulfilling encounters with in the past. Even before I retreat she was working her magic as she suggested I travel with a couple in Kent, before either of us knew that I would actually need to be staying in Kent just prior to my departure for childcare reasons. It was also a coincidence that one of my travelling companions was a Kent Healer, and had even given my friend a scarab beetle at a previous gathering we had all attended.



The retreat was held at the Mill Retreat Centre in Normandy, a lovely house by a river set in beautiful countryside. From the moment I arrived I felt as if I entered into the embrace of an open hearted group, although they were mostly "complete strangers". More than half of the group were Dutch as Tuaca now lives in the Netherlands, and the rest were from England. I think we all felt a trust, a support and a more surprisingly, a levity.

We were given a timetable that involved an early morning meditation from 7.15 to 8am, breakfast at 8am and lunch at 1pm. After dinner we had an hour of meditation from 7 to 8 in the evening followed by "the Alignment", which I will explain later. In between these times we were free but we were encouraged to do things that came out of us like play instruments, write a journal, draw, go boating on the lake or for a walk, as opposed to say, reading. We were told to follow our own "movement" and it was interesting that there developed a sense of being at one within the group, and a moving together.

On Easter morning we went for a walk together. We went into the woods and we walked barefoot there. Although we were silent the trees and the birds held a service for us.

Every morning Marieke, Tuaca's partner, would wake us up with some beautiful music, playing the guitar, or a North American Flute, or a Cello. It provided such a beautiful awakening, so it was a wonderful metaphor. Music seems to bypass the mind and speak directly to the soul. It was magical way to start the day. We were lucky to have such an accomplished musician with us.

Tuaca was a model for stillness, peace and presence and how to live it. She would just pause during the day and close her eyes and sit in stillness. Just spending time in her company is an opportunity for growth. She was also very generous with her time. She put in unscheduled time for one to one energy transmissions. She also gave individuals healing whenever she felt moved to do so.

The Alignment itself was developed by Tuaca. I would describe it simply as an energy transmission to the group, but it seems there is a lot more going on than that. Her website tells us that Tuaca has "the capacity to clear, restructure and align an individual with their divine blueprint while honouring an individual's free will and the journey of the soul. Her 6D transmissions communicate to each person's multidimensional body giving it instructions to self-correct, heal, evolve and be free – as well as connect to their own potential."

During the meditations and Alignment I felt a deep touching on my temples. This is something that I have felt before but never so intensely. It now happens much more frequently, not just when I meditate, but also when I read something spiritual, when I am in a spiritual place or even during some conversations. I am realising that it is probably communication from my guide urging me, prompting me, reminding me, guiding me. Only since the retreat has this become evident to me.

During the final Alignment of the Retreat, I felt very distinct pressure on my third eye. I was amazed to find on the way home that my two travelling companions also felt the same thing in the same session. On my first night home I also saw a light above my forehead in the night, whilst my eyes were closed. The very next day at a weekly distant healing session that I attend, I started to "hear" more. I heard what seemed like supporting prayer when no other person was speaking in the healing room. And it seems, as Tuaca promised, these changes that I experienced, continue to blossom. After some acupuncture recently I also felt heat on my forehead during the night. There have been other "strange" developments, like noticing number sequences, and hearing high pitched noises, but what is also interesting is what is happening on a practical level. I find I am much more patient and more observant and present to my thoughts and patterns of behaviour and therefore gaining ever more freedom from old patterns. It is as if I have learned to listen more both to myself and the people around me. Tuaca calls meditation "devoted listening". And it is this type of listening I feel I am managing to carry over increasingly into my everyday life.



A distant healing to a woman who has multiple problems, cough; breathing problems; IBS, arthritis in neck, hands, hips and knees. She could not come to see me as she had too much pain and was not sleeping due to the various problems.

We set a time when she would be lying down on her bed and I would send the healing.

Comments after healing:

I lay down knowing that I could not relax, what with the cough and all the pain. Within about one minute everything calmed down and I think I was asleep. I stayed there for well over half an hour seemingly fast asleep and totally relaxed and when I woke up I felt so calm and peaceful then I just got up with no pain on doing so (normally when I get up I am in terrible pain) then I started doing things. It was really nice I haven't felt like that for years, thank you so much. (one of our members)

ANNUAL GENERAL MEETING

25th October 2014 at 11-00am Chat Room to follow

All members and students are invited to attend

THE ANGEL CONFERENCE CENTRE: ANGEL LANE, TONBRIDGE, KENT. TN9 1SF

K.I.H.A. is run by the members for the members. Please attend and voice your thoughts on how to take your association forward, maintaining its place at the forefront of healing. (3 CPPD points)

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